

Pastor George ministered the second part of Fasting this past Sunday, January 7.

Where We are on God's Timeline...

Pastor George shared that for the past week it has been a "dress rehearsal" to fasting as both Pastor Terri and him have taken time to begin cutting things out before the February fast. He shared this is preparing their heart and bringing additional disciple to the flesh.

This is Gods' timeline, and when we fast and pray, we are able to better understand what God is doing, as well as being in a spiritual place to cooperate with His plan.

Isaiah 60:1-3; [The prophet is speaking]

"Arise, shine; for thy light is come, and the glory of the LORD is risen upon thee. For, behold, the darkness shall cover the earth, and gross darkness the people: but the LORD shall arise upon thee, and his glory shall be seen upon thee. And the Gentiles shall come to thy light, and kings to the brightness of thy rising."

Gross darkness:

- a. (AMPC) Gross, dense
- b. (ESV) Thick
- c. (NLT) Darkness as thick as night

Look at what has been happening in our nation and in the nations.

- Anti-God decisions are being made. This is gross darkness. 🤖
- Southern borders are wide open. Darkness where people can't see their feet in front of them and often are not thinking correctly.
- Many thrilled to see the October 7 attack. This is darkness.
- What children are being exposed to in schools. This is gross darkness.
- Add to that list, what we are personally facing.

We set our faces toward God to receive breakthroughs. We proclaimed a 21-day fast for EMIC, KCM, KCBC, the Flashpoint Army, Partners and anyone else starting **Monday, February 5 through Sunday, February 25.**

Please refer to the fasting information posted at website: EMIC.org/fast

Listen to the four-message series on fasting and prayer by Brother Copeland, recorded in 1974. This teaching will feed your spirit and allow you to remain razor sharp in understanding fasting.

Daniel 10:2-3;

*“In those days I Daniel was mourning (or fasting) **three full weeks.** I ate no pleasant bread, neither came flesh nor wine in my mouth, neither did I anoint myself at all, till three whole weeks were fulfilled.”*

Daniel was pressing into God, into God's interpretation of direction.

Pleasant Bread (Hebrew meaning) = Bread of desires.

- a. **(AMPC) Desirable food**
- b. **(ESV) Delicacies**
- c. **(NLT) Rich food**
- d. **(MSG) I ate only plain and simple food — no seasoning.**

“Pleasant bread” in our day refers to what we enjoy eating, doing, or viewing.

The key is to lay aside what the flesh craves for 21 days. Set aside what we enjoy eating, drinking, doing, watching, and reading; and spend that extra time feeding our spirit. We are letting God know as well as our flesh our serious we are to see the desired results.

Don't be so overwhelmed with what God has called you to this year. Rather, tune your heart, allowing this fast to fine-tune your flesh to be in submission, as you feed on the Word in a greater degree.

Pastor George shared another thing he has been doing this year is with his daily Bible reading – reading the Word out loud, allowing himself to hear himself as it builds faith.

This fast will bring a greater unity with God's plan in your life as well as with your family, as you put aside things, i.e., perhaps a meal each day will be set aside for the 21 days. Maybe it is bread or coffee that you will set aside, or maybe it is sweets. What is the pleasant thing(s) that the spirit is guiding you to focus on? You are letting God know how serious you are to see results.

This fast with prayer will make greater gains in your life. Fasting can position you to receive the more, and more, and more and more that God has for you this year. This breaks down stubborn strongholds that need to be dealt with; and need to be broken from your life. This may be the process needed to eradicate these from your life.

This is a proclaimed fast and a personal fast combined.

A proclaimed fast is when believers come together in unity for the purpose of turning around serious situations.

It is important for you to understand that it is not the fasting itself that brings the deliverance. Jesus has already obtained deliverance through the complete work of redemption. Jesus has already provided the deliverance. Fasting simply brings the spirit man, which is in union with Holy Spirit, into ascendance over the flesh. It also limits the influence of the physical appetites so that you can more effectively hear from and respond to the Spirit.

This declutters our spirit and our mind. Getting rid of toxins, as we also double up, or triple up on the Word intake. It is clearing the underbrush, allowing us to better see what is there. You will discover and uncover things through the guidance of Holy Spirit.

Fasting also enhances our intercession. Fasting is not a method of twisting God's arm to get Him to respond when you pray. *Fasting does not change God. It changes you.*

Example #1

Jonah 3:10 Destruction averted because of a proclaimed fast.

1. The wickedness of Nineveh came up before the Lord.
2. God sent Jonah to warn the people of the city's impending destruction.
3. The people proclaimed a fast, and word of it reached the king.
4. The king joined the fast and made an official proclaimed fast.
5. God saw their works, that they turned from their evil way; and God repented of the evil, that he had said that he would do unto them; and he did it not.

Example #2

2 Chronicles 20:1-30 (KJV) A battle won because of a proclaimed fast.

V.1 They were surrounded by the enemy.

V.3 They were feeling surrounded, so declared a fast.

In the Hebrew it says **he set his face**, instead of calling in the natural generals, leaders, and people of high regard, asking what to do. The Lord said proclaim a fast.

V.4 Fasting is about seeking the Lord in a greater measure.

V.6 He declared his covenant - Gods Word being declared.

Vv.7-11 Repeating the covenant that your Word says, despite seeing the contrary circumstances around him.

V.14 The spirit of the Lord coming upon all the congregation - Gods glory ushing in healing, deliverance, and provision.

V.15 The battle is not yours; but is Gods.

V.16 The Lord shows His plan of what would come. The Lord will do the same for us as we are fasted and led by Holy Spirit.

V.17 Get a 'ring-side seat' and watch what God does because of the people who fasted and prepare your heart for God to do great and mighty deeds.

V.20 Believe in the Lord your God, so shall you be established, believe His prophetic words from the prophets and you will prosper.

V.21 Songs brought in to say praise the Lord for His mercy endures forever.

V.25 **Supernatural wealth transfer** - three days to gather the spoil.
V.26 The valley of blessing.

What We are Believing for in this Fast? (Purpose.)

1. An Awakening to God in the Body of Christ.
2. An Awakening to God in Israel.
3. An Awakening to God in America and the Nations - pressing in to the awakening.
4. The 2024 November Elections.
5. Breakthroughs for KCM, EMIC, KCBC, and the Victory Channel - *The revival capital of the world.*
6. Personal breakthroughs. Financial wars that you will be prepared to win and walk daily in the breakthrough. This is doing what it takes to walk in the victory that God is looking for.
7. To be prepared for ALL that is coming- evil and good. And prepared to help other people make it through.

Pastor Terri prayed:

“God, we stand before you, as we have read today and are doing what You told us to do, which is to remind you of your covenant. Not because You have forgotten it, but by speaking it and lifting it up to You; we enter by faith into the power of that agreement. We thank You Lord, that You are a faithful God. You said that Your eyes search to and fro just looking for someone to show Yourself strong to and so together in faith, believing over the hostages in Israel, in Gaza, and Lord as a representative, for all of those who are held hostage around the world, that Your eye is upon them. You are looking for an opportunity for someone to stand in faith on your Word, and declare our faith, our trust, and our confidence in You.

*Lord, we're reminded in Hosea 11 that You said You would roar like a lion. Oh, yes, we Lord, we hear the roar of our God, the roaring of our God that demands; **“Let my people go.”** Lord, we stand on Your Word. As we read in Isaiah that You declared that it is You and by Your spirit, that You liberate captives. You open prison doors to those who are*

bound, that You proclaim the year of the Lord, and that You own the right to proclaim Your own vengeance. So, Lord, we set that before You. That vengeance belongs to You.

God, we thank You for the Muslims whose eyes are opening that they are having experiences and recognizing, and even coming to Jesus and knowing Him because He turns their heart, Lord. And they awaken to Your covenant with Israel, which was first and foremost. It's because of Your heart for the nations that You established Israel to be a light. It's your heart for the nations, for the people that You established, the Church. Together, our light shines brighter than it ever has.

Thank you, Lord, that the world that's covered with a gross darkness would have a light to see. We thank you God. We give that command of faith to let your people go. Hamas, let God's people go. Gaza give up God's people.

We give You praise for it. We give You praise God Almighty. We give You praise.

Amen."