

Second Semester
Vision School

5 Point Divine Strategy
Point #3 – Establish Your Heart

“Establishing Your Heart By Meditation in God’s Word”

A. Col. 2:6, 7 Get Established in God’s Word

1. (AMP) As you have therefore received the Christ, [even] Jesus the Lord, [so] walk – regulate your lives and conduct yourselves – in union with and conformity to Him. Have the roots [of your being] firmly and deeply planted [in Him] – fixed and founded in Him – being continually built up in Him, becoming increasingly more confirmed and established in the faith, just as you were taught, and abounding and overflowing in it with thanksgiving.
2. (NLT) And now, just as you accepted Christ Jesus as your Lord, you must continue to follow him. Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.
3. To see the fulfillment of our vision, our scriptures must become rooted, grounded, firmly fixed and established in our hearts.
4. God’s Word must be real to us.
 - a. It must become our word.
 - b. It must be transferred from the page to the heart.
 - c. It must become the dominant influence over our mind.
 - d. It must become more real than the limitations, the symptoms or the contrary circumstances.
5. “Meditation in God’s Word is the basic law for establishing your heart.”
(Kenneth Copeland)

B. John 15:1-11 What is Meditation?

1. It is allowing the Word to enter in and abide – live, dwell, stay, take up residence, remain, settle down and work in you.
2. (HEB) Ponder, consider, think about, imagine, muse, mutter, talk, converse with yourself, speak aloud, and roar.
3. Fix your mind, bathe your thoughts, saturate your being, immerse your life and focus your attention.
4. “Meditation in the Word is turning your heart toward to Lord and spending time beholding Him.” (Keith Moore)
5. Meditation is painting a picture of the desired, end result.

C. What Does Meditation Do for You?

1. “Meditation in the Word enlarges your capacity for faith.” (Kenneth Copeland)
 - a. If you can see it, you can have it
 - b. Gives you time to build your faith
 - c. Allows the Word to “cook”

2. Ps. 1:1-3 It roots your life and helps you produce fruit (Mk. 4:20).
3. Ps. 112:1-8 It causes the Word to become so real that no outside influence or circumstance can move you off of your stand of faith.
4. Josh. 1:8 It helps you to become a doer of the Word.
5. Isa. 26:3 It is the key to walking in peace.

D. How to Meditate God's Word

1. Apply the Word personally.
2. Allow the Holy Spirit to make the Word a reality in your heart.
3. Carefully ponder how this Word applies to your life.
4. Dwell on how the Word changes your situation.
5. Place yourself in agreement with what the Word says about you.
6. See yourself as God sees you.
7. Realize the integrity in God's Word.